

# Precision Nutrition Forum 1<sup>st</sup> edition – Gothenburg

Using Multi-OMICs for  
Data-Driven Systems Epidemiology  
– Towards Precision Nutrition

12–13 SEPTEMBER 2022, GOTHENBURG, SWEDEN

*Hosted at Chalmers University of Technology, Gothenburg, Sweden*  
*Chalmers scientific organization: Clemens Wittenbecher & Rikard Landberg*  
*External scientific organization committee members: Marta Guasch-Ferré & Jordi Merino*  
*Head of administrative organization: Mia Gartner*



**CHALMERS**  
UNIVERSITY OF TECHNOLOGY

## SCOPE

**METABOLIC DISEASES**, including obesity, type 2 diabetes, cardiovascular disease, and some cancers, pose a major burden on public health systems, accounting for most global chronic diseases and deaths. These conditions share complex underlying pathophysiology interacting with environmental, lifestyle, and dietary factors. It is widely recognized that poor diet quality contributes substantially to these conditions, but the mechanisms by which diet influences metabolic health are not well studied.

Emerging tools and technologies, including metabolomics profiling, can help elucidate mechanisms underpinning the relationship between diet and metabolic disease. In addition, integrating metabolomics with other omics data is critical to understanding interindividual differences in the metabolic response to dietary interventions. Therefore, OMICs profiling in nutritional studies can elucidate the biological role of diet composition in chronic disease etiology and expand the evidence base of dietary guidelines in the general population.

Moreover, a thorough understanding of the molecular links between diet and disease risk could pave the way for precision nutrition, where dietary advice and interventions are tailored to individuals based on their health status, lifestyle factors, social-cultural factors, and genetics and other molecular phenotypes.

**THE GOAL OF** the Precision Nutrition Forum 1<sup>st</sup> edition – Gothenburg is to bring together interdisciplinary expertise in nutritional epidemiology, high-throughput omics technologies (genomics, metabolomics, metagenomics, and proteomics), and data science and present the latest concepts and advances in precision nutrition research.

The Forum will gather world-leading multi-omics and precision nutrition experts from Europe and the US, with the goal of fostering international collaboration through the Swedish cohort infrastructures and the national Data-Driven Life Science initiative (DDLs).

## FUNDED BY



# SCIENTIFIC PROGRAM

MONDAY 12 SEPTEMBER

**13:30-15:45 TOWARDS PRECISION NUTRITION – IMPROVING INDIVIDUAL AND POPULATION HEALTH**

*Session Chair:* **CLEMENS WITTENBECHER** (Chalmers University of Technology)

**FRANK B HU** (Harvard T. H. Chan School of Public Health)

Promises and challenges of precision nutrition in disease prevention and management

**PAUL W FRANKS** (NovoNordisk Foundation)

Clinical deployment of precision medicine for chronic complex diseases  
– a focus on primary prevention approaches

**MARJU ORHO-MELANDER** (Lund University)

The gut microbiome and plasma metabolome in cardiometabolic disease

**ANDREW T CHAN** (Massachusetts General Hospital)

Leveraging the gut microbiome for precision prevention of cancer

**15:45-16:00** *Coffee break*

**16:00-18:00 HEALTHY DIETARY PATTERNS – UNDERSTANDING UNDERLYING MECHANISMS THROUGH OMICS APPROACHES**

*Session Chair:* **MARTA GUASCH-FERRÉ** (Harvard T. H. Chan School of Public Health)

**WALTER C WILLETT** (Harvard T. H. Chan School of Public Health)

Nutrition epidemiology provides evidence for improving human and planetary health through healthy dietary patterns

**MIGUEL ÁNGEL MARTÍNEZ GONZÁLEZ** (University of Navarra)

Understanding the health benefits of the Mediterranean diet interventions on cardiometabolic risk prevention through metabolomics profiling

**SHILPA BHUPATHIRAJU** (Harvard T. H. Chan School of Public Health)

The imprint of ethnically diverse dietary patterns on the metabolome

**RIKARD LANDBERG** (Chalmers University of Technology)

OMICs to understand the metabolic benefits of the Nordic diet and its key components

*Questions and Answers*

**18:00-20:00 POSTER AND NETWORKING SESSION**

*Moderators:* **MALIN BARMAN** (Chalmers University of Technology) and **JORDI MERINO** (Massachusetts General Hospital)

Presentation of selected posters on precision nutrition and OMICs research and infrastructure. Connect with speakers and poster presenters – food and beverages will be available.

TUESDAY 13 SEPTEMBER

**8:30-10:45 DEEP MOLECULAR PHENOTYPING IN COHORTS AND TRIALS – ELUCIDATING THE INTERPLAY BETWEEN DIET, METABOLISM, AND DISEASE RISK**

*Session Chair:* **JORDI SALAS SALVADO** (Universitat Rovira i Virgili)

**MATTHIAS B SCHULZE** (German Institute of Human Nutrition):

Deep molecular phenotyping in the EPIC-Potsdam study provides insights into cardiometabolic disease etiology

**QI SUN** (Harvard T. H. Chan School of Public Health)

The interplay between effects of diet and microbiome on the metabolome

**MARTA GUASCH FERRÉ** (Harvard T. H. Chan School of Public Health)

Metabolic signatures of health-relevant foods and their association with cardiometabolic diseases

**KARL MICHAËLSSON** (Uppsala University)

Deep molecular phenotyping in cohorts – Elucidating the interplay between diet, metabolism, and disease risk

**CLEMENS WITTENBECHER** (Chalmers University of Technology)

Metabolomics profiling generates diet-sensitive candidate biomarkers of cardiometabolic disease risk

*Questions and Answers*

**10:45-11:15** *Coffee break*

**11:15-13:30 METABOLOMICS APPLICATIONS IN NUTRITION AND CHRONIC DISEASE EPIDEMIOLOGY – DEVELOPING LABORATORY AND STATISTICAL METHODS**

*Session Chair:* **ANN-SOFIE SANDBERG** (Chalmers University of Technology)

**CLARY CLISH** (Broad Institute of MIT and Harvard)

Approaches to nontargeted metabolomics and identification of novel compounds associated with diet, disease, and the microbiome

**JESSICA A LASKY-SU** (Brigham and Women's Hospital)

Considering exogenous metabolites to maximize understanding in epidemiological studies

**CARL BRUNIUS** (Chalmers University of Technology)

Exploring the Unknown – Metabolite identification and data quality in untargeted metabolomics

**LIMING LIANG** (Harvard T. H. Chan School of Public Health)

Genome-wide assessments of inflammatory markers and interpretable polygenic risk score for cardiometabolic disease

**MATS JIRSTRAND** (Fraunhofer-Chalmers Centre)

Metabotyping using dynamic OMICs data

*Questions and Answers*

TUESDAY 13 SEPTEMBER

13:30-14:30 *Lunch*

14:30-17:00 TOWARDS PRECISION PREVENTION – UTILIZING  
OMICS PROFILING FOR TARGETED DISEASE PREVENTION

*Session Chair:* **JESSICA A LASKY-SU** (Brigham and Women's Hospital)

**FREDRIK BÄCKHED** (University of Gothenburg)

The metabolic role and therapeutic potential of the microbiome  
in cardiometabolic disease

**ANN-SOFIE SANDBERG** (Chalmers University of Technology)

Early life exposures to dietary metabolites in relation to allergy development  
at 12 months of age

**MAJKEN K. JENSEN** (University of Copenhagen)

Proteomics approaches in biomarker discovery for chronic diseases of aging

**JORDI MERINO** (Massachusetts General Hospital)

Diabetes prevention in the era of precision nutrition

**GÖRAN BERGSTRÖM** (University of Gothenburg)

Longitudinal and cross-sectional molecular profiling of cardiac and metabolic  
disease in substudies of The Swedish CARDioPulmonary biolmage Study (SCAPIS)

*Questions and Answers*

**RIKARD LANDBERG** (Chalmers University of Technology): Closing remarks.

## SESSION I SPEAKERS

### Towards Precision Nutrition – Improving Individual and Population Health

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#### **DR. FRANK B HU**

*Professor and Chair, Department of Nutrition, Harvard T. H. Chan School of Public Health, Professor of Medicine, Channing Division of Network Medicine, Harvard Medical School, Boston, MA, USA*

Dr. Hu's research has focused on epidemiology and prevention of obesity and cardiometabolic diseases. His work has contributed substantially to current public health policies for global chronic disease prevention. In addition, his research has broken new ground in linking novel biomarkers (e.g., adipokines and metabolites) and gene-diet interactions to the risk of obesity and type 2 diabetes. Dr. Hu has been at the forefront of applying metabolomics techniques to nutritional epidemiologic studies and intervention trials. Currently, he serves as the PI of Dietary Biomarker Development Center at Harvard University



#### **DR. PAUL W FRANKS**

*Scientific Director, Translational Medicine, NovoNordisk Foundation, Copenhagen, Denmark; Professor of Genetic Epidemiology, Lund University, Malmö, Sweden; Adjunct Professor, Harvard T. H. Chan School of Public Health, Dept. Nutrition, USA.*

Dr. Franks' research focuses on precision diabetes medicine, emphasizing lifestyle interventions. Dr. Franks studies the interactions of genetic and lifestyle factors in the etiology of obesity, type 2 diabetes, and cardiovascular disease and translates this information into the preventive setting. He is the Principal Investigator of the GLACIER Study, a prospective cohort study of around 20,000 adults from northern Sweden designed to explore hypotheses of gene x lifestyle interactions in complex diseases. Dr. Franks is also a co-investigator on the Diabetes Prevention Program Genetics Working Group. Since joining the NovoNordisk foundation in 2021, he has been developing and implementing clinically-impactful precision medicine initiatives and securing successful development of world-class prevention and treatment of diabetes, obesity, and other non-diabetes endocrine diseases.



Photo: Kennet Ruona

#### **MARJU ORHO-MELANDER**

*Professor of Genetic Epidemiology, Lund University, Department of Clinical Sciences, Malmö, Sweden*

With main focus in cardiometabolic diseases, Dr Orho-Melander has successfully moved to new areas of research during her career starting with experimental endocrinology and moving to genetic epidemiology, nutrition epidemiology and gene-diet interaction studies, and today utilizing and combining this interdisciplinary prior knowledge in studies of the gut microbiome, diet and circulating biomarkers in large population-based cohorts. The longer-term purpose of the work of Orho-Melanders group is to provide novel intervention strategies aiming to more effective prevention strategies of cardiometabolic diseases.





**DR. ANDREW T CHAN**

*Professor, Medicine, Harvard Medical School; Vice-chair of Gastroenterology and Chief of the Clinical and Translational Epidemiology Unit, Massachusetts General Hospital, Boston, MA, USA*

Dr. Chan's research focuses on chronic digestive diseases, including gastrointestinal cancer (colorectal, esophageal, pancreatic), inflammatory bowel disease, diverticulitis, and gastrointestinal bleeding. He utilizes molecular approaches encompassing genetic, metabolomic, proteomic, and biochemical platforms applied to populations ranging from large cohort studies to small biomarker-driven clinical trials. He also has a major effort in investigating the oral and gut microbiome as a determinant and mediator of chronic disease.



## SESSION II SPEAKERS

### Healthy dietary patterns – Understanding underlying mechanisms through OMICs approaches

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**DR. WALTER C WILLETT**

*Professor of Epidemiology and Nutrition at Harvard T.H. Chan School of Public Health and Professor of Medicine at Harvard Medical School, Boston, MA, USA*

Dr. Willett has focused much of his work over the last 40 years on the development and evaluation of methods, using both questionnaire and biochemical approaches, to study the effects of diet on the occurrence of major diseases. He has applied these methods starting in 1980 in the Nurses' Health Studies I and II and the Health Professionals Follow-up Study. Together, these cohorts, which include nearly 300,000 men and women with repeated dietary assessments, provide the most detailed information on the long-term health consequences of food choices. Dr. Willett's research has shaped the methods in nutrition epidemiology and public health nutrition policies over the last decades.

**DR. MIGUEL A MARTÍNEZ-GONZÁLEZ**

*Professor and Chair, Department of Public Health, Medical School University of Navarra, Spain; Adjunct Professor, Harvard T. H. Chan School of Public Health, Dept. Nutrition, USA*

Dr. Martínez-González is a chronic disease epidemiologist with >30 years of experience studying chronic diseases' nutritional, lifestyle, clinical, metabolomic, and genetic determinants. He was the founder, and since its inception (1999), he has been the Principal Investigator (PI) of the SUN project (prospective dynamic cohort study with 23,000 participants and mean follow-up >12 years). He is also the Principal Investigator of the PREDIMED-1 trial and a center Principal Investigator of the PRDIMED-PLUS trial at the University of Navarra.



**DR. SHILPA BHUPATHIRAJU**

*Assistant Professor of Medicine, Medicine-Brigham and Women's Hospital, Harvard Medical School, MA, USA*

Dr. Bhupathiraju's primary research interests include examining the role of diet and lifestyle in preventing cardiometabolic diseases, especially among high-risk groups such as Hispanics and South Asians. Her research integrates diet, metabolomics, and proteomics data in prospective cohort studies to understand mechanisms underlying diet-disease associations and to identify novel biomarkers of dietary intake.



**DR. RIKARD LANDBERG**

*Professor and Head of the Division of Food and Nutrition Science, Department of Biology and Biological Engineering, Chalmers University of Technology, Gothenburg, Sweden.*

Dr. Landberg studies the preventive role of plant-based foods using observational- and intervention studies integrating OMICs techniques. Metabolomics is a key technique in Dr. Landbergs' research program, and it is developed and applied for the discovery and validation of exposure and prediction biomarkers and molecular phenotyping as the basis for tailored dietary strategies toward precision nutrition. Novel biomarkers from his lab are extensively used all over the world.



## SESSION III SPEAKERS

Deep molecular phenotyping in cohorts and trials – Elucidating the interplay between diet, metabolism, and disease risk

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**DR. MATTHIAS SCHULZE**

*Professor and Head of the Department of Molecular Epidemiology, German Institute of Human Nutrition Potsdam-Rehbruecke, Nuthetal, Germany*

Dr. Schulze's research focuses on dietary risk factors for type 2 diabetes, dietary pattern analysis, biomarkers of nutritional intake, gene-diet interaction, and biochemical and genetic predictors of diabetes and its complications. Further research interests include risk prediction models and healthy metabolic obesity. Dr. Schulze is the Principal Investigator of the EPIC-Potsdam study and a center Principal Investigator of the NAKO Health Study.



Photo: David Ausserhofer/DHE.



**DR. QI SUN**

*Associate Professor in the Departments of Nutrition and Epidemiology Depts of Nutrition and Epidemiology, Harvard T.H. Chan School of Public Health and Associate Professor of Medicine, Channing Division of Network Medicine, Harvard Medical School, Boston, MA, USA*



Dr. Sun's primary research interests are identifying and examining biomedical risk factors, including dietary biomarkers, for type 2 diabetes, obesity, and cardiovascular disease. His research is primarily based on large-scale cohort studies, including the Nurses' Health Study I and II and the Health Professionals Follow-up Study. Dr. Sun is also interested in environmental pollutants, especially those from dietary sources, in the etiology of obesity and type 2 diabetes.

**DR. MARTA GUASCH-FERRÉ**

*Senior Research Scientist, Harvard T. H. Chan School of Public Health, Dept. Nutrition, USA; Instructor of Medicine, Channing Division of Network Medicine, Harvard Medical School*



Dr. Guasch-Ferré's research focuses on investigating the role of dietary and lifestyle factors in chronic diseases, specifically cardiovascular disease and type 2 diabetes. She has incorporated high-throughput -omics techniques, metabolomics, and genetics, into traditional epidemiological analysis to gain insights into underlying mechanisms that could explain the associations of diet and lifestyle factors with cardiovascular disease and type 2 diabetes.

**DR. KARL MICHAËLSSON**

*Professor of medical epidemiology, Department of Surgical Sciences, Uppsala University; Director of the EpiHub at Uppsala University; Vice-dean for research infrastructures, and Director of Swedish Infrastructure for Medical Population-based Life-course and Environmental Research (SIMPLER)*



Dr. Michaëlsson has a broad interest in late-onset disease epidemiology with a primary focus on preventing fragility fractures. He is the principal investigator of SIMPLER, a Swedish national research infrastructure (<https://simpler4health.se/>).

This national infrastructure, initiated in 1987, includes information about 110,000 men and women, a biobank with DNA, blood, urine, fat biopsy, and stool samples, and a growing component of OMICs data. Over the years, the participants have undergone repeated examinations, and the SIMPLER database has been regularly updated against national registries.

**DR. CLEMENS WITTENBECHER**

*Assistant Professor for Precision Medicine and Diagnostics; Chalmers University of Technology, Gothenburg, Sweden*



Dr. Wittenbecher's research leverages molecular profiling data, especially metabolomics, to elucidate the link between dietary composition and cardiometabolic disease risk. Core methods include data-driven network analyses, risk prediction, machine learning, and causal modeling approaches in prospective cohorts and diet intervention trials. Dr. Wittenbecher's research aims to strengthen the evidence for the causal role of diet composition in cardiometabolic disease etiology and develop biomarkers for precision nutrition approaches.

## SESSION IV SPEAKERS

### Metabolomics applications in nutrition and chronic disease epidemiology – Developing laboratory and statistical methods

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#### **DR. CLARY CLISH**

*Senior Director of the Metabolomics Platform, Institute Scientist; The Broad Institute of MIT and Harvard, Cambridge, MA, USA*

Dr. Clish's lab contributes high throughput metabolomics data to collaborative projects ranging from metabolic phenotyping of model systems to large human cohort studies. Contributions from the platform have included the discovery of plasma metabolic signatures that indicate future disease risk and dietary intake of specific foods and dietary patterns. The Broad Institute Metabolomics Platform detects over 500 known and thousands of unknown metabolite signals in biological samples.



#### **DR. JESSICA A. LASKY-SU**

*Associate Professor of Medicine, Harvard Medical School and Associate Statistician, Brigham and Women's Hospital, Boston, MA, USA*

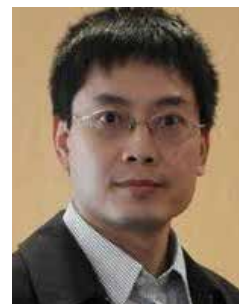
Dr. Lasky-Su is an Associate Professor in Medicine and Associate Statistician and Epidemiologist at Harvard Medical School and Brigham and Women's Hospital. Over two decades, Dr. Lasky-Su has focused on analyzing genetics, genomics, and metabolomics data in large-scale human studies, with primary research focusing on lung disease pathophysiology. The accumulation of these efforts has resulted in a productive track record of over 200 original research articles. Via multiple PI-funded grants, Dr. Lasky-Su has focused her research on "integrative metabolomics," which integrates multi-omic data while using a metabolomic-centric framework. Dr. Lasky-Su is also a leader in national and international metabolomic organizations for metabolomics, including the President of the Metabolomics Society - the largest International society for metabolomics- in the chairman of the NIH's Consortium METabolomic Studies (COMETS)-the largest international consortium of metabolomic epidemiological studies.



#### **DR. LIMING LIANG**

*Associate Professor of Statistical Genetics, Depts of Epidemiology and Biostatistics, Harvard T. H. Chan School of Public Health, Boston, MA, USA*

Dr. Liming Liang is a statistical geneticist with expertise and intensive experience in a variety of large-scale high dimensional omics studies for complex diseases and traits, including genome-wide association studies (GWAS), disease mapping using gene expression, and DNA methylation, metabolomics analyses for complex disease etiology and prediction. His research is focused on developing and applying computational and statistical tools required for understanding the human genome, epigenome, transcriptome, and metabolome, with a particular focus on chronic diseases.



**DR. CARL BRUNIUS**

*Associate Professor in Computational Metabolomics, Division of Food and Nutrition Science and Chalmers Mass Spectrometry Infrastructure, Department of Biology and Biological Engineering, Chalmers University of Technology, Gothenburg, Sweden.*



Carl Brunius investigates connections between food and health to develop approaches for precision nutrition, i.e., healthy food tailored for individual requirements. His research focuses on Big Data methodology to investigate and understand how metabolites and intestinal flora vary and interact in relation to diet and health. The aim is to identify markers for dietary exposure and metabotypes, i.e., groups of individuals with similar metabolic regulation in relation to diet, and to understand and quantitate the metabotype determinants using computational metabolomics and microbiota analyses.

**DR. MATS JIRSTRAND**

*Associate professor, Head of Department Systems and Data Analysis, Fraunhofer Chalmers Research Center for Industrial Mathematics (FCC), Gothenburg, Sweden*



Dr. Jirstrand's research covers learning dynamical systems, non-linear filtering, and time-series analysis (with applications in pharmacometrics, personalized nutrition, systems biology, and physiology). Furthermore, his group is active in artificial intelligence methods and applications such as deep neural networks, reinforcement learning; federated learning; and natural language processing. Recent work by his team is in mathematical modeling for personalized nutrition and includes algorithms for detecting groups of individuals who respond differently to the same diet (also known as metabotyping).

## SESSION V SPEAKERS

### Towards Precision Prevention – Utilizing OMICs profiling for targeted disease prevention

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**DR. FREDRIK BÄCKHED**

*Professor, Department of Molecular and Clinical Medicine, Wallenberg laboratory, Sahlgrenska Academy, University of Gothenburg, Gothenburg, Sweden.*



Dr. Bäckhed combines clinical oriented research with gnotobiotic mouse models to address the role of the normal gut microbiota in metabolic diseases. He was appointed a Professor at the University of Copenhagen and has been a Guest Professor at the University of Oslo (2013-15). He did a sabbatical at the University of Hawaii (2019). Dr. Bäckhed was one of the world's most cited researchers in 2020 in 'Microbiology' and 'Molecular Biology and Genetics' according to the Clarivate Web of Science. Fredrik Bäckhed has received a large number of prestigious awards and appointments. Dr. Bäckhed has been elected to the Young Academy of Sweden (2011-2015), The Royal Swedish Academy of Engineering Sciences (2015), and The Royal Swedish Academy of Sciences (2018). He has also been appointed Torsten Söderberg Professor in Medicine and Wallenberg Scholar.

**DR. ANN-SOFIE SANDBERG**

*Professor and Founder of the Division of Food and Nutrition Science, Department of Biology and Biological Engineering, Chalmers University of Technology, Gothenburg, Sweden.*



Dr Sandberg has focused her research during the last 30 -40 years on bioavailability of minerals and inhibitors of absorption as well as bioactive compounds in seafood of importance in metabolic disease. In recent years she has become interested in early life nutrition and has together with national colleagues established a mother child birth cohort (NICE) in the North of Sweden. The cohort is designed to investigate the influence of lifestyle factors during pregnancy and early in life on immune maturation and allergy development in the children. Dr Sandberg studies the effect of diet and nutrients, validated with biomarkers, on immune maturation and allergy outcome in the children applying metabolomics and other omics techniques. Dr Sandberg is elected member of the Swedish Royal Academy of Engineering Sciences, honorary doctor in medicine at Sahlgrenska Academy, vice chair of the Royal Swedish Academy of Sciences National Committee of Nutrition and Food Science, holder of the Gustaf Dalén memorial medal. Currently, Dr Sandberg is leading a research group at Division of Food and Nutrition Science at Chalmers.

**DR. MAJKEN K. JENSEN**

*Professor of Epidemiology, Section of Epidemiology, Department of Public Health, University of Copenhagen, Denmark; Adjunct Professor, Harvard T. H. Chan School of Public Health, Dept. Nutrition, USA*



Dr. Jensen's primary research fields include the identification of aging-related chronic diseases biomarkers (fatty liver disease, type 2 diabetes, cardiovascular, cognitive impairment, dementia); investigation of high-dimensional data (genome-wide association studies, proteomics, and other -omics) in observational epidemiology; and advancement of methodological approaches for the epidemiological investigation of biomarkers in chronic diseases. Her research team also works on combining national data registries with biomarkers and images from a tissue biobank estimate prognosis and reclassify (biopsy-proven) diseases.

**DR. JORDI MERINO**

*Research Associate, Diabetes Unit and Center for Genomic Medicine, Massachusetts General Hospital; Instructor of Medicine at Harvard Medical School, Boston, MA, USA*

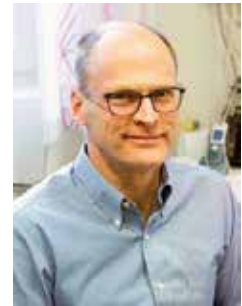


Dr. Merino's research interests span nutrition, metabolism, and genomics, all aimed at understanding how molecular and environmental factors affect complex metabolic diseases to identify more effective, tailored, and sustainable strategies for preventing diabetes and related complications. A major research interest is genetic determinants of food intake, which provided insights into central nervous system processes regulating appetite and metabolic homeostasis. Dr. Merino has designed and implemented clinical trials to predict individual responses to specific dietary interventions.



**DR. GÖRAN BERGSTRÖM**

*Professor Wallenberg laboratory, Department of Molecular and Clinical Medicine, Sahlgrenska Academy, University of Gothenburg, Gothenburg, Sweden.*



Dr. Bergström's research aim to improve and personalize risk prediction of cardiovascular disease. He is head of the Physiology Group at Wallenberg Laboratory and senior consultant in clinical physiology at the Vascular Diagnostic Unit, Sahlgrenska University Hospital. He is chair of the Swedish Cardio-Pulmonary biolmage Study (SCAPIS), which aims to recruit and extensively phenotype 30,000 subjects aged 50-64 years at six Swedish university hospitals. The ultimate goal of SCAPIS is to reduce mortality and morbidity from cardiovascular disease, chronic obstructive pulmonary disease, and related metabolic disorders.



Photo: Lindholmen Science Park

Welcome to the Precision Nutrition Forum  
1<sup>st</sup> edition – Gothenburg  
at Lindholmen Conference Center!